



THE HSC HEALTH CARE SYSTEM

Health Services for Children
with Special Needs, Inc.

[Date]
[Enrollee Name]
[Address]
[City, State]

Dear [Insert Enrollee Name]:

Health Services for Children with Special Needs, Inc. (HSCSN) is your partner in providing care this Flu season. We would like to remind enrollees about the importance of practicing healthy habits to help prevent the flu. The Centers for Disease Control and Prevention (CDC) recommends yearly Flu shots for everyone 6 months and older.

“Flu Season” occurs during the fall and winter states the CDC. Flu activity is highest from December through March. Flu shots become available around September or October of each year. There are several ways to help prevent from getting the Flu:

- Receive the Flu shot every year from a health care provider
- Wash your hands
- Cover your nose and mouth when you cough or sneeze
- Avoid contact with people who are sick

This Flu season it is likely that Flu viruses will spread along with the new coronavirus (COVID-19). Because of this, it is important to reduce the spread of the Flu virus. Flu vaccines will not prevent COVID-19, but they may reduce the number of people who get sick from the Flu. COVID-19 and the flu share similar symptoms. There are some key differences between the two viruses. For more information, please view the chart on the back of this letter.

If you have not gotten your Flu shot, it is not too late. HSCSN enrollees can get a Flu shot by visiting their primary care providers. Enrollees over the age of 18 can get free Flu shots at all CVS pharmacies. If you have questions, please contact HSCSN Customer Care at (202) 467-2737.

	What to expect	Both can cause	Other symptoms
Coronavirus	Symptoms may appear after two to 14 days after contact with the virus. They last a few days to a week for most people.	<ul style="list-style-type: none"> • Coughing • Diarrhea • Fatigue • Fever or chills • Headaches • Muscle of body aches • Runny or stuffy nose • Sore Throat • Throwing up 	<ul style="list-style-type: none"> • Feeling short of breath or having a hard time breathing • New loss of taste or smell
Flu	Symptoms develop fast. They last less than two weeks.		N/A

Sincerely,

Dr. Eric Levey
 Chief Medical Officer
 HSCSN

Citations: CDC.gov/flu

For more information visit www.hscsnhealthplan.org.

For reasonable accommodations please call (202) 467-2737.

If you do not speak and/or read English, please call 202-467-2737 between 7:00 a.m. and 5:30 p.m. A representative will assist you. **English.**

Si no habla o lee inglés, llame al 202-467-2737 entre las 7:00 a.m. y las 5:30 p.m. Un representante se complacerá en asistirle. **Spanish.**

የአንገሊዝኛ ቋንቋ መናገርና ማንበብ የማይችሉ ከሆነ ከጊዜ 7:00 ሰዓት እስከ ቀኑ 5:30 ባለው ጊዜ በስልክ ቁጥር 202-467-2737 በመደወል እርዳታ ማግኘት ይቻላል። **Amharic.**

Nếu bạn không nói và/hoặc đọc tiếng Anh, xin gọi 202-467-2737 từ 7 giờ 00 sáng đến 5 giờ 30 chiều. Sẽ có người đại diện giúp bạn. **Vietnamese.**

如果您不能講和/或不能閱讀英語，請在上午 7:00 到下午 5:30 之間給 (202) 467-2737 打電話，我們會有代表幫助您。 **Traditional Chinese.**

영어로 대화를 못하시거나 영어를 읽지 못하는 경우, 오전 7시 00분에서 오후 5시 30분 사이에 (202) 467-2737번으로 전화해 주시기 바랍니다. 담당 직원이 도와드립니다. **Korean.**

Si vous ne parlez pas ou lisez l'anglais, s'il vous plaît appeler 202-467-2737 entre 7:00 du matin et 5:30 du soir. Un représentant vous aidera. **French.**



This program is funded in part by the Government of the District of Columbia Department of Health Care Finance.

HSCSN complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.