



HSCSN Medical Necessity Criteria & Authorization Requirements

Adaptive Tricycles

Version 5/5/2025

Approved 5/6/2025

Background:

Adaptive tricycles can be medically necessary for people who have disabilities and are unable to walk independently or spend long periods of time in a wheelchair. They can provide a variety of medical benefits, including:

- **Increasing physical activity:** Adaptive cycling can be an alternative form of physical activity (PA) for people who can't walk long distances in a wheelchair or other assistive device.
- **Improving motor skills:** Adaptive tricycles can help riders improve their range of motion, strength, coordination, and endurance.
- **Building confidence:** Riding a tricycle can help build confidence and self-esteem.
- **Relieving pain:** Adaptive tricycles can help relieve pain.
- **Regaining function:** Adaptive tricycles can help patients regain and improve their function.

EPSDT emphasizes providing all medically necessary services to children under 21 enrolled in Medicaid. This includes durable medical equipment that ameliorates the effects of a medical condition or disability.

I. Authorization Requirements:

- An authorization request for an adaptive tricycle must include the following:
 - Signed referral/order from a licensed physician/nurse practitioner for an adaptive tricycle done within the past 6 months.
 - Documentation of a face-to-face visit with the prescriber within the past 6 months.
 - Evaluation by a licensed PT or OT recommending an adaptive tricycle.
 - An Assistive Technology Professional (ATP) is part of the evaluation process and involved in making recommendations regarding a specific product.
 - Coded quote from the Durable Medical Equipment (DME) provider.
 - Detailed written order
- If a referral/order for an adaptive tricycle is sent to HSCSN directly by a physician/nurse practitioner, HSCSN will refer the enrollee to the Children's National Rehabilitation & Specialized Care (RSC) Assistive Technology Clinic for evaluation.
- Documentation submitted needs to include the following:
 - Detailed evaluation of the enrollee including disability, mobility impairments, cognitive impairments, communication impairments, and any behavioral concerns.
 - Explanation of why a standard tricycle cannot meet the needs of the enrollee.
 - Rationale for an adaptive tricycle and the specific equipment that was recommended.

An authorization request for specific equipment must come from an in-network DME provider.

II. Medical Necessity Criteria and Requirements:

- **Age:** The enrollee must be 3 and under 21 years of age.
- **Diagnosis:** Enrollee must have diagnosis established by a qualified healthcare provider that supports medical necessity and is consistent with the rationale for an adaptive tricycle.
- The enrollee must also have the following:

- A diagnosis that causes motor impairment
- Has documented impairments of the lower extremities that are consistent with the reasons given for the adaptive tricycle
- Is unable to walk independently (without assistive devices)
- **Referral:** The enrollee must be referred for an adaptive tricycle by a treating physician/nurse practitioner.
- **Evaluation:** The enrollee must be evaluated by a licensed physical or occupational therapist who recommends an adaptive tricycle. The enrollee must also be evaluated by an Assistive Technology Professional (ATP) to aid in making specific recommendations regarding an adaptive tricycle or alternative DME.
- **Rationale for an Adaptive Tricycle** (one or more reasons or medical benefits):
 - Increasing physical activity, endurance, and cardiovascular fitness.
 - Strengthening the lower extremities.
 - Improving coordination/movement or motor skills.
- The adaptive tricycle is to be used as part of a home therapeutic exercise program.
- Enrollee cannot use commercially-available tricycle or bicycle to meet the need.
- The enrollee does not have another piece of adaptive equipment that serves the same purpose.
- If enrollee has a walker or gait trainer, then reasons must be given why an adaptive tricycle is needed in addition to this equipment.
- If enrollee has previously received an adaptive tricycle, then there must be a statement that the previous adaptive tricycle is outgrown or is in disrepair and cannot be fixed.
- The adaptive tricycle was trialed prior to ordering.
- The adaptive tricycle is expected to last 3 or more years.
- The adaptive tricycle is not being ordered solely for the convenience of the enrollee or caregiver.
- More than one adaptive tricycle or other therapeutic exercise equipment is not medically necessary and considered a convenience item.

III. Reference Information

- HSCSN Policy UM_10 Medical Necessity Criteria Development, Evaluation, and Approval
- HSCSN Policy UM_17 Durable Medical Equipment, Prosthetics, Orthotics, and Medical Supplies: Management and Oversight
- EPSDT – A Guide for States: Coverage in the Medicaid Benefit for Children and Adolescents, Centers for Medicare & Medicaid, June 2014.

**For more information, visit hscsnhealthplan.org.
For reasonable accommodation, please call (202) 467-2737**

ENGLISH

If you do not speak and/or read English, please call (202) 467-2737.
A representative will assist you.

SPANISH

Si no habla ni lee inglés, llame al (202) 467-2737. Un representante lo asistirá.

VIETNAMESE

Nếu quý vị không nói và/hoặc đọc Tiếng Anh, vui lòng gọi (202) 467-2737.
Một người đại diện sẽ hỗ trợ quý vị.'

AMHARIC

እንግሊዘኛ መናገር/ወይም ማንበብ ካልቻሉ፣ እባክዎ በዚህ ስልክ ቁጥር (202) 467-2737.
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KOREAN

영어를 구사하지 못하시거나 읽지 못하는 경우, (202) 467-2737.
중에 연락해 주십시오. 상담원이 도움을 드릴 것입니다.

FRENCH

Si vous ne parlez pas et / ou ne lisez pas l'anglais, appelez le (202) 467-2737.
Un représentant vous aidera.

ARABIC

الممثلين أحد. (202) 467-2737 برقم الاتصال فيرجى، الإنجليزية تقرأ أو/و تتحدث لا كنت إذا

MANDARIN

如果您不会说和/或读英语，请致电(202) 467-2737。我们的服务代表将为您提供协助。

RUSSIAN

Если вы не говорите и / или не читаете по-английски, звоните по телефону

BURMESE

သငျသည့်အင်္ဂလိပ်စကားပြောနှင့် / သို့မဟုတ်စာမဖတ်ကြဘူးဆိုရလျှင်, (202) 467-2737.
ကိုခေါ်ပါ။ တစ်ဦးကကိုယ်စားလှယ်သင်ကူညီကြလိမ့်မည်.

CANTONESE

如果您不會說和/或讀英語，請致電 (202) 467-2737。我們的服務代表將為您提供協助。

FARSI

اگر انگلیسی صحبت نمی کنید/نمی خوانید، لطفاً بین ساعات
با شمار هتماس بگیرید. یکی از نمایندگان ما به شما کمک خواهد کرد

POLISH

Osoby, które nie potrafią mówić lub czytać po angielsku, mogą zadzwonić na numer (202) 467-2737.
aby skorzystać z pomocy konsultanta.

PORTUGUESE

Caso você não fale/leia em inglês, ligue para (202) 467-2737. Um representante o ajudará.

PUNJABI

ਜੇਕਰ ਤੁਸੀਂ ਅੰਗਰੇਜ਼ੀ ਬੋਲਦੇ ਅਤੇ/ਜਾਂ ਪੜ੍ਹਦੇ ਨਹੀਂ, ਕਰਪਾ ਕਰਕੇ ਦੇ ਕਿਚਕ ਰ (202) 467-2737
ਉੱਤੇ ਕਲ ਕਰੋ। ਇੱਕ ਪਰਤੀਨਿਧ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰੇਗਾ।

HAITIAN CREOLE

Si ou pa pale ak/oswa li Angle, tanpri rele (202) 467-2737. Yon reprezantan ap ede w.

HINDI

यदि आप अंग्रेज़ी बोलते और/या पढ़ते नहीं, कृपया 8 a.m.-6 p.m. के बीच (202) 467-2737
पर कॉल करें। एक प्रतिनिध आपकी सहायता करेगा।

SOMALI

Haddii aadan ku hadlin iyo/ama qorin luuqada Ingiriiska, fadlan wac lambarkan (202) 467-2737.
wakiil ayaa ku caawin doona.

HMONG

Yog tias koj tsis hais thiab/lossis nyeem tau Lus As Kiv, thov hu rau (202) 467-2737.
Ib tug neeg sawv cev yuav pab tau koj.

ITALIAN

Se ha difficoltà a parlare e/o leggere la lingua inglese, chiami il numero (202) 467-2737.
Un rappresentante le presterà assistenza.

TAGALOG

Kung hindi ka nakakapagsalita at/o nakakapagbasa ng Ingles, pakitawagan ang (202) 467-2737.
May kinatawan na tutulong sa iyo.

JAPANESE

(202) 467-2737 までお電話ください。担当者があなたをサポートします。



GOVERNMENT OF THE
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MURIEL BOWSER, MAYOR

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